

TAEKWON-DO ITF - VEST-NORSK MESTERSKAP 2/2024 - SOTRA - 2024-09-28

	Ring 1	Ring 2	Ring 3	Ring 4	Ring 5
10:30					
10:35	15260 Herre Sr. Mønster 2 Dan (5)	15272 Herre Sr. Mønster 3-4 Dan (5)	15250 Herre Sr. Mønster 1 Dan (6)	25250 Dame Sr. Mønster 1 Dan (6)	14490 Herre JR.-2 Spes.Tek. Alle Grader (11)
10:40	10:30 - 10:50	10:30 - 10:50	10:30 - 11:00	10:30 - 11:00	10:30 - 11:05
10:45					
10:50					
10:55	25260 Dame Sr. Mønster 2 Dan (7)	25272 Dame Sr. Mønster 3-5 Dan (5)			
11:00	10:50 - 11:15	10:50 - 11:10			
11:05					
11:10					
11:15					
11:20				15164 Herre Sr. Sparring 1-4 Dan +69 kg (6)	24490 Dame JR.-2 Spes.Tek. Alle Grader (15)
11:25				11:05 - 11:50	11:10 - 11:55
11:30		25164 Dame Sr. Sparring 1-4 Dan +60 kg (7)	15160 Herre Sr. Sparring 1-4 Dan -69 kg (9)		
11:35	25160 Dame Sr. Sparring 1-4 Dan -60 kg (6)	11:15 - 11:55	11:05 - 12:05		
11:40	11:20 - 12:05				
11:45					
11:50					
11:55					
12:00					
12:05		24211 Dame Jr.-2 Mønster 8-3 Gup (5)			
12:10		12:00 - 12:20			
12:15			13211 Herre Jr.-1 Mønster 8-3 Gup (5)		28490 Dame Sr/Veteran Spes.Tek. Alle Grader (8)
12:20			12:10 - 12:30		12:05 - 12:30
12:25					
12:30				23231 Dame Jr.-1 Mønster 2-1 Gup (18)	
12:35				11:55 - 13:15	
12:40					
12:45	14251 Herre Jr.-2 Mønster 1-3 Dan (18)				18490 Herre Sr/Veteran Spes.Tek. Alle Grader (15)
12:50	12:10 - 13:30	24251 Dame Jr.-2 Mønster 1-3 Dan (17)	13231 Herre Jr.-1 Mønster 2-1 Gup (14)		12:30 - 13:15
12:55		12:20 - 13:35	12:30 - 13:25		
13:00					
13:05					
13:10					
13:15					
13:20					
13:25			14231 Herre Jr.-2 Mønster 4-1 Gup (3)	24231 Dame Jr.-2 Mønster 2-1 Gup (7)	
13:30			18211 Herre Sr./Veteran Mønster 8-5 Gup (3)	13:15 - 13:40	
13:35					
13:40					
13:45	Lunsi				Lunsi
13:50	13:30 - 14:15 (00:45)	Lunsi	Lunsi	Lunsi	13:30 - 14:15 (00:45)
13:55		13:35 - 14:20 (00:45)	13:35 - 14:20 (00:45)	13:40 - 14:25 (00:45)	
14:00					
14:05					
14:10					
14:15					
14:20					
14:25					
14:30					
14:35					
14:40					
14:45	14176 HERRER JR.-2 SPARRING	24170 Dame Jr.-2 Sparring 1-3 Dan -61 kg (11)	23211 Dame Jr.-1 Mønster 8-3 Gup (10)	18231 Herre Sr./Veteran Mønster 4-1 Gup (11)	13490 Herre JR.-1 Spes.Tek. Alle Grader (18)
14:50	1-3 DAN -70 KG (10)	14:20 - 15:25	14:20 - 15:10	14:25 - 15:10	14:15 - 15:10
14:55	14:15 - 15:30				
15:00					
15:05					
15:10			27252 Dame Veteran Mønster 1-4 Dan (2)	17252 Herre Veteran Mønster 1-4 Dan (5)	
15:15				15:10 - 15:30	
15:20					
15:25					
15:30		24177 Dame Jr.-2 Sparring 1-3 Dan +65 kg (4)	28231 Dame Sr./ Veteran Mønster Gup (8)		23490 Dame JR.-1 Spes.Tek. Alle Grader (14)
15:35		15:25 - 15:45	15:15 - 15:50		15:10 - 15:55
15:40				15140 Herre Sr. Sparring Gup -75 kg (4)	
15:45				15:35 - 15:55	
15:50	14170 HERRE JR.-2 SPARRING 1-3 DAN -60 KG (7)				
15:55	15:30 - 16:10				
16:00			27164 Dame Veteran Sparring 1-4 Dan +74 kg (2)	15148 Herre Sr. Sparring 4-1 Gup +75 kg (4)	
16:05			15:55 - 16:05	15:55 - 16:15	
16:10		13041 Herre Jr.-1 Sparring Gup -165 cm (8)			
16:15		15:45 - 16:35			
16:20	14177 HERRER JR.-2 SPARRING				
16:25	1-3 DAN +70 KG (4)		23042 Dame Jr.-1 Sparring +160 cm (18)	17163 Herre Veteran Sparring 1-4 Dan 76-84 kg (5)	
16:25	16:10 - 16:30		16:05 - 18:05	16:15 - 16:45	
16:30	13042 Herre Jr.-1 Sparring 4-1 Gup +165 cm (12)				

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	Ring 1	Ring 2	Ring 3	Ring 4	Ring 5	
16:35	16:30 - 17:45	23041 Dame Jr.-1 Sparring 4-1 Gup -160 cm (7) 16:35 - 17:15				
16:40						
16:45					17164 Herre Veteran Sparring 1-4 Dan +84 kg (2) 16:45 - 16:55	
16:50					24140 Dame Jr.-2 Sparring 4-1 Gup -61 kg (3) 16:55 - 17:05	
16:55						
17:00						
17:05						
17:10						
17:15						
17:20						
17:25						
17:30		14147 HERRER JR.-2 SPARRING GUP ÅPEN (6) 17:15 - 18:00				
17:35						
17:40						
17:45						
17:50						
17:55						
18:00						